



Lough Derg Yacht Club

Team Racing Clinic
Dromineer, Lough Derg Yacht Club

4th - 5th October 2025



NOTICE of RACE TRAINING

1) Organising Authority (OA)

- a) The OA is Lough Derg Yacht Club (LDYC). The event is supported and recognised by Irish School Sailing (ISS).

2) Rules

- a) Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS) including Appendix D, Team Racing Rules.
- b) All races will be umpired by coaches and guidance will be provided. The World Sailing Call Book for Team Racing will apply.
- c) RRS 40.1 shall always apply when afloat or on the pontoons.
- d) Each team and competitor agree to abide by Addendum A to this document, Damage Assessment.

3) Sailing Instructions

- a) The Sailing Instructions will be published on the Official Noticeboard by the 2nd of October 2025. This can be accessed through Irish Schools Sailing Website [here](#) and through the WhatsApp Group which can be accessed through this link [also](#).

4) Communication

- a) The Official Notice Board will be available through a dedicated event WhatsApp group and on the Irish Schools Sailing Noticeboard for the event.

5) Eligibility and Entry

- a) The event shall be raced by teams of six sailors in dinghies sailed by two people and supplied by the OA.
- b) Teams may sign up by using the form provided on the Lough Derg Yacht Club website. The form will also be circulated on ISS website noticeboard and will be available on the ISS Instagram bio.

- c) Entry will open on Monday 8th September 2025 and deadline for entries will be Friday the 26th of September 2025
- d) Entries can be done in two ways. Full team entry (3 Helms and 3 Crews) or Pair Entry (1 Helm and 1 Crew)
- e) Each team's entry fee includes 2 days of racing/coaching in supplied boats, lunch on Saturday, the event dinner on the Saturday of the event, breakfast and lunch Sunday.
- f) The entry fee will be €510 for a team of 6 or €170 per boat (Helm and Crew)
- g) No entries will be accepted after the 26th of October. This may be amended at the discretion of the OA.
- h) No competitor may sail for more than one team. After an entry has been accepted, the nominated helms or crews shall not be changed without the prior approval of the race committee.
- i) To be considered an entry in the event, a team shall complete all registration requirements and pay all fees.

6) Sailors

- A) Sailors must be 19 or under and resident on the island of Ireland.
- B) Teams are made of 6 sailors, consisting of 3 helm and 3 crew.
- C) Each sailor shall provide at registration a fully completed and signed parent/guardian consent form. Failure to do this will result in the sailor not being permitted to sail.
- D) Sailors must have an adult representative in attendance or in close proximity to LDYC during racing.
- E) Teams may have multiple Adult Representatives in attendance.

7) Fees

- a) The entry fee includes the event dinner on Saturday of the event.
- b) The entry fee of €510 is to be paid to LDYC up to 23:59 on the 26th of October 2025.
- c) The entry fee shall be paid in full to constitute a team's entry.
- d) The entry fee includes dinner for 6 team members on Saturday 4th October.
- e) The OA at its discretion may refund partially or wholly the entry fee.
- f) A damage deposit of €500 is required from each team or €170 per boat. Further details of the deposit are listed in Addendum A.
- g) Sailors who are not current members of Lough Derg Yacht Club must have temporary membership of LDYC covering October 4th and 5th as a fee of €10 per sailor.

8) Advertising

- a) The OA may provide bibs that competitors must wear as permitted by the World Sailing Advertising Code.

9) Event Format and Schedule

- a) Registration will be available in LDYC on Friday 3rd October, from 20:00 to 21:00 and on Saturday the 4th of October between 7:30 and 8:30.
- b) The competitors briefing will be held at 09:00 on Saturday 4th October and attendance is mandatory for all competitors. Details of the briefing will be published in the Sailing Instructions, and it may not be in person.
- c) The format of the event will be that of two stages. Stage 1 will consist of a classic round robin. Stage 2 will be a dedicated coaching series. Changes to the format are at the discretion of the O A and will be communicated to competitors.
- d) Racing will be scheduled to start, and finish as follows:
 - i. The first warning signal on Saturday the 4th of October will be at 09:57
 - ii. The first warning signal on Sunday the 5th of October will be at 09:27
 - iii. On Sunday 5th no new stage (see RRS D4.1) will be started after 15.00
- e) Prize giving will be as soon as possible after the conclusion of racing.

10) Course

- a) The course to be sailed will be described at the briefing on the Saturday morning and will follow traditional team racing course layout. ('S' Course)
- b) The marks used will be described in the briefing.

11) Prizes

- a) The prizes include but are not limited to:
 - i. Most improved Helm of the weekend
 - ii. Most improved Crew of the weekend

12) Buoyancy and Clothing

- a) Adequate personal flotation devices (PDF) and appropriate sailing gear shall be worn by competitors when afloat, except while briefly changing or adjusting clothing.

13) Media and images

- a) In entering the event, Competitors agree to grant to the OA without payment, the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of, or relating to, the event.

14) Data Protection

- a) The personal information you provide to the OA will be used to facilitate your participation in the event. If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest.
- b) Your personal information will be stored and used in accordance with the OA's privacy policy.
- c) When required by the rules, personal information may be shared with Irish Sailing, your national authority and/or World Sailing.
- d) The results of the event and the outcome of any hearing or appeal may be published.

15) Risk Statement

- a) Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- b) Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - i. They are aware of the inherent element of risk involved in the sport and accepts responsibility for the exposure of themselves and their crew to such inherent risk while taking part in the
 - ii. event.
 - iii. They are responsible for the safety of themselves, their crew and any property they may bring, whether afloat or ashore
 - iv. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
 - v. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
 - vi. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - vii. It is their responsibility to familiarise themselves with any risks specific to this venue or this
 - viii. event drawn to their attention any rules and information produced for the venue or event and to attend any safety briefing held for this event.

- ix. It is their responsibility to ensure that they are familiar with the type of boat used, and the supplied equipment and are suitably experienced with its operation.
- x. It is their responsibility for ensuring all supplied equipment is carried on board.
- xi. That they are fit to sail and that they believe the boat and crew can compete in the anticipated conditions.

Addendum A – DAMAGE

Competitors should show due care and attention to the boats that are provided for their use during the

event. Damage to boats causes conflict, delay and impacts everyone involved. This Addendum intends to help minimise damage while ensuring that penalties are consistent; ultimately providing more racing at less cost for everyone.

RRS D2.3 and D3.3 permit the umpires or protest committee to decide the penalty when a boat breaks RRS

14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty.

1. DAMAGE AGREEMENT

- a) By entering the event, the team expressly agrees to follow and comply with this system without delay or dispute. A failure to comply with an instruction or invoice issued may result in
- b) disqualification from the series without a hearing. This changes RRS 60.5(b).
- c) Each team is liable for up to €500 of damage associated costs per incident (this includes boats, equipment and property). A deposit for this amount will be required before a team can complete registration, and before a team may sail.
- d) Any decision on the allocation and quantum of any damage associated costs is solely for the OA's to determine. Subject to rule 61, the decision of the OA is final, and teams agree to accept it without dispute.

2. DAMAGE ASSESSMENT

- a) An initial assessment of the damage level will be made on the water as soon as possible following a racing incident.
- b) The initial assessment is for the purpose of Penalties only and is not linked to any damage associated costs which may subsequently be allocated to a Team. Onward assessment of the

- c) damage level after further inspection, whether it turns out to be higher or lower, will have no effect on the penalty given by the protest committee but may affect any damage associated costs.

3. PENALTIES

- a) The protest committee may impose a Penalty to the team of boats that break rule 14.

4. DAMAGE COSTS

- a) The Race Committee may require a team to make an intermediate payment, to the amount defined in this addendum; against allocated damage costs before the team may sail another event boat.
- b) If a team is required to pay damage costs, and these are not paid at the event, the OA will issue an invoice to the skipper. Invoices must be paid (without setoff or deduction) within 14 days unless an extension is agreed with the OA.
- c) Failure to pay a damage invoice within 14 days (or any extension period) is a breach of this addendum and the OA may:
 - i. Add an administrative fee of €50 per invoice to cover the costs of chasing payment.
 - ii. The RC may disqualify the team in question without a hearing, this changes RRS 60.5(b).
 - iii. Report the team members to the Protest Committee for investigation under RRS 69.
 - iv. Reject any future entries from the; Team; or Team's club; or Team's organisation.
- d) The OA may amend or cancel a damage notice at any time and may reinstate a team disqualified.